



# Orange Community Education & Recreation

216-831-8601 x 2317

www.orangerec.com



December 2018

## Orange High School Indoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>November 26</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 Brady Middle School ST 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team	<b>27</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program  4:15-5:15 Orange HS Diving 5:15 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 6:30-7:30 GLSS Sailfish Prep  <i>Brady Middle School ST AWAY @ Mayfield</i>  <i>OHS ST AWAY @ US/Laurel</i> 7:30-9 Open Swim	<b>28</b> 6:30-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 Brady Middle School ST 6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team	<b>29</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  3-4 Orange HS Swim Team 4:15-5:15 Orange HS Diving 4-6 Brady Middle School ST VS. Shaker/Laurel 5:30-6:15 Diving Introduction 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 6:15-7:15 Diving Intermediate 7:30-8:15 Adult LTS 7:30-9 Open Swim	<b>30</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  4-6 Orange HS Swim Team  4:15-5:15 Orange HS Diving  <i>6-9 OHS ST VS. Mayfield</i>  <i>GLSS Cancelled</i>	<b>December 1</b> 7-9 Orange HS Swim Team 9-11 Private LTS Lessons  1:30-4 Open Swim Diving Boards Open 4-8 JAW Scuba	<b>2</b> <i>Hanukah</i> 12-1:30 Masters ST 1:30-5:30 JAW Scuba  
<b>3</b> <i>Hanukah</i> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 Brady Middle School ST 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team	<b>4</b> <i>Hanukah</i> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving  <i>Brady Middle School ST AWAY @ Old Trail</i> 6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Open Swim	<b>5</b> <i>Hanukah</i> 6:30-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving  6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team	<b>6</b> <i>Hanukah</i> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving  5:30-6:15 Diving Introduction 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins 6:15-7:15 Diving Intermediate 7:30-9 Open Swim	<b>7</b> <i>Hanukah</i> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team  <i>OHS Diving AWAY @ CSU</i> 6-7:15 GLSS Sailfish Prep 5:45-7:30 GLSS Fins	<b>8</b> <i>Hanukah</i> <i>OHS ST AWAY @ CSU</i> 9-11 Private LTS Lessons 1:30-4 Open Swim	<b>9</b> <i>Hanukah</i> 12-1:30 Masters ST
<b>10</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving  5:45-7:30 GLSS Fins 7:30-9 Masters Swim Team	<b>11</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Stroke Clinic 6-7 GLSS Stroke Clinic 5:45-7:30 GLSS Fins 7:30-9 Open Swim	<b>12</b> 6:30-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim  4:15-5:15 Orange HS Diving  <i>GLSS TBD...</i> <i>OHS ST AWAY @ Gilmore</i>  7:30-9 Masters Swim Team	<b>13</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr Sailfish 5:45-7:30 GLSS Fins 7:30-9 Open Swim	<b>14</b> 6-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim  3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 5:45-7:30 GLSS Fins	<b>15</b> 7-9 Orange HS Swim Team 9-11 Private LTS Lessons  1:30-4 Open Swim 4-8 JAW Scuba	<b>16</b> 12-1:30 Masters ST 1:30-5:30 JAW Scuba

