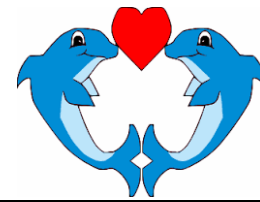




Orange Community Education & Recreation
 216-831-8601 x 2317 www.orangerec.com



February 2019

Orange High School Indoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-5:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	5 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Open Swim	6 6:45-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 5:30-6:15 Introductory Diving 5:30-6:45 Intermediate Diving 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	7 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr Sailfish 5:30-7:15 GLSS Fins 7:30-8:10 Beginner Adult LTS 7:30-9 Open Swim 8:10-8:50 Intermediate Adult LTS	8 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim <i>Orange HS Swim Team @ Sectionals</i> 4:15-5:15 Orange HS Diving <i>GLSS Cancelled; @ CSU</i>	9 7-9 Orange HS Swim Team 9-12 Learn to Swim 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 4:00-8:00 JAW Scuba	10 12-1:30 Masters ST 1:30-5:30 JAW Scuba
11 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-5:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	12 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program 3-5 Orange HS Swim Team 4:15-5:15 Orange HS Diving 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Open Swim	13 6:45-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 Orange HS Swim Team 5-6 GLSS Sailfish Prep <i>Diving Class Cancelled</i> 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	14 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 3-5 Orange HS Swim Team 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr Sailfish 5:30-7:15 GLSS Fins 7:30-8:10 Beginner Adult LTS 7:30-9 Open Swim 8:10-8:50 Intermediate Adult LTS	15 7-8:30 Morning Lap Swim 8:30-9:30 HS ST Warm-Up 9-10 Aqua Exercise 11-1 Noon Lap Swim <i>Orange HS Swim Team @ Districts</i> 5-6:45 GLSS Fins	16 7-9 Orange HS Swim Team 9-12 Learn to Swim 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 4:00-7:00 PDR Scuba	17 12-1:30 Masters ST 1:30-4:30 PDR Scuba
18 9-11 Orange HS Swim Team 	19 6:15-7 Orange HS Swim Team 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program 3-5 Orange HS Swim Team 5-6 GLSS Sailfish Prep 5:30-7:15 GLSS Fins 6-6:45 GLSS Jr. Sailfish 6-9 PDR Scuba (Diving Well Only) 7:30-9 Open Swim	20 6:45-8:30 Orange HS ST 9-10 Aqua Exercise 11-1 Noon Lap Swim <i>OHS @ States</i> 5-6 GLSS Sailfish Prep 5:30-7:15 GLSS Fins <i>Diving Class Cancelled</i> 7:30-9 Masters Swim Team	21 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program <i>OHS @ States</i> <i>GLSS Cancelled</i> 7:30-8:10 Beginner Adult LTS 7:30-9 Open Swim 8:10-8:50 Intermediate Adult LTS	22 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim <i>OHS @ States</i> <i>GLSS Cancelled; @ CSU</i>	23 7:30-9 Masters Swim Team 9-12 Learn to Swim 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 2-4 Pool Party 4:00-8:00 JAW Scuba	24 1:30-5:30 JAW Scuba
25 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 GLSS Bills 5-5:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	26 7-8:30 Morning Lap Swim 8:30-9:30 NDB Program 3-5 GLSS Bills 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr. Sailfish 5:30-7:15 GLSS Fins 7:30-9 Open Swim	27 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 GLSS Bills 5-6 GLSS Sailfish Prep 5:30-6:15 Introductory Diving 5:30-6:45 Intermediate Diving 5:30-7:15 GLSS Fins 7:30-9 Masters Swim Team	28 7-8:30 Morning Lap Swim 8:30-9:30 NDG Program 3-5 GLSS Bills 5-6 GLSS Sailfish Prep 6-6:45 GLSS Jr Sailfish 5:30-7:15 GLSS Fins 7:30-8:10 Beginner Adult LTS 7:30-9 Open Swim 8:10-8:50 Intermediate Adult LTS	1 7-8:30 Morning Lap Swim 9-10 Aqua Exercise 11-1 Noon Lap Swim 3-5 GLSS Bills 5-6:45 GLSS Fins	2 7:30-9 Masters Swim Team 9-12 Learn to Swim 12-1:30 Adaptive LTS & ST 1:30-4 Open Swim 2-4 Diving Boards Open	3

